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LEARNING DISABILITY: HOMEOPATHIC APPROACH

SINCE 1991

DR. RONAK SHAH'S

DIVINE HOMEOPATHY

Restoring Vitality

SLOW LEARNERS ARE NOT NON-LEARNERS - Homeopathy Helps to Improve

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A learning disorder or learning disability is a difficulty in comprehending and processing the information in the brain because of atypical brain development. Such a child may read very slowly, word by word, and, sometimes, or rather many times, make mistakes even then. They often get confused looking at the words, letters, and numbers.

Commonly, all children make silly mistakes while reading and writing at some time or other, but if you have been noticing that these are not just occasional bouts but a consistent pattern and if you have been getting feedback from their school that they happen to daydream or they are slow in learning. It does not mean that the child is intellectually challenged; children with learning disorders are intelligent, and, sometimes, more intelligent than the average child of their age. The very important thing to keep in mind with learning disorders is that it is not due to a lack of intelligence or desire to learn.

Common Types of Learning Disabilities:

1) Dyslexia:

It is a language-based learning disorder that affects spoken and written language processing. Children with dyslexia frequently struggle to read accurately and fluently.

2) Dysgraphia:

It is a term that describes problems with the physical process of writing. Having a constricted grasp when holding a pencil, unreadable handwriting, irregular spacing, and bad spelling are all examples of this (unfinished words or missing words or letters). In addition, the kid may have difficulty recreating the shape of a letter or picture.

3) Dyscalculia:

It affects children's ability to learn mathematical concepts such as numerical organization, quantity, place value, and time. They may also have trouble following and applying stages in math issues. Despite many hours of practice/rote learning, the child may still fail to retain basic math skills.

If learning disorders are not diagnosed on time, they can have a very bad effect on the child's academic performance and, more importantly, affect the child's self-esteem and confidence. They also affect the interpersonal relationships between the child and peers and parents.

Homeopathy for Learning Disorder:

The integrative approach that is combining homeopathic medicines along with special education or speech therapy, language therapy, and counselling to children can bring about a major difference in the development of the child.

It mainly works on brain development, enhance brain functioning, and help to connect the child to the environment. Slow learners have a short attention span; and homeopathic medicines help to improve the attention span, thereby increasing the child's concentration. There is an improvement in the emotional level too. The frustration associated with learning reduces, and, gradually, the child is more at ease to learn. Handwriting will be more legible and a child's grade can improve. The child happens to start to enjoy reading, his/her confidence *level improves* and, often, the child can be shifted from special school to mainstream school.

A few homeopathic medicines which are used in learning disorders are Lycopodium clav, Medorrhinum, Natrum Mur, Baryta carb, Calcarea carb, and Calcarea Phos. However, a well-qualified, experienced Homeopath can make a proper choice of remedy based on your child's constitution.

There is an important role of parents in helping the child to overcome learning disorders. Parents and caregivers need to be very supportive; it is very important to sympathize and empathize with the children and help them develop their abilities. Reward your child's little achievements, encourage your child, and praise their skills and strength because a small improvement every day is going to be a major accomplishment in a year.